

At Home Care



**NIGHT BRUSHING is
MORE IMPORTANT!!!**

It Cleans out everything which got
stuck to the teeth through the day

**YOU CAN ONLY DRINK
WATER
AFTER BRUSHING**



**ANY FOOD OR LIQUIDS LIKE
JUICE & MILK ARE STICKY IN
NATURE**



**NOT TO BE CONSUMED AFTER
BRUSHING**

NIGHT TIME ROUTINE

**Daily Fluoride
Recharge
Mechanism**

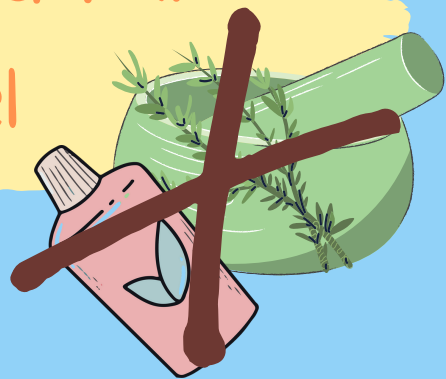
Use 3M Clinpro Tooth Crème

**>6yrs
As Much As A
Grain of Rice**

**Use Any Toothpaste of
Your Choice**

**6yrs+
Pea Size
Amount**

**Avoid Ayurvedic
toothpastes as they
are rough in
nature and harm
the enamel**



MORNING ROUTINE

**The
Toothpaste
should be
fluoridated**



3M Clinpro Tooth Crème

The way we use a moisturizer for our skin at night to rejuvenate our skin



Tri-Calcium Phosphate
+
Fluoride



3M CLINPRO TOOTH CRÈME
0.21% FLUORIDE CONCENTRATION



Helping it last longer
on the tooth surface



Since it is a Crème NO
FOAM is formed!



Steps to Use 3M Clinpro Tooth Crème

1

Apply On
All Teeth

2

Leave It On
for 5 Min

3

RINSE!

How To Brush ?



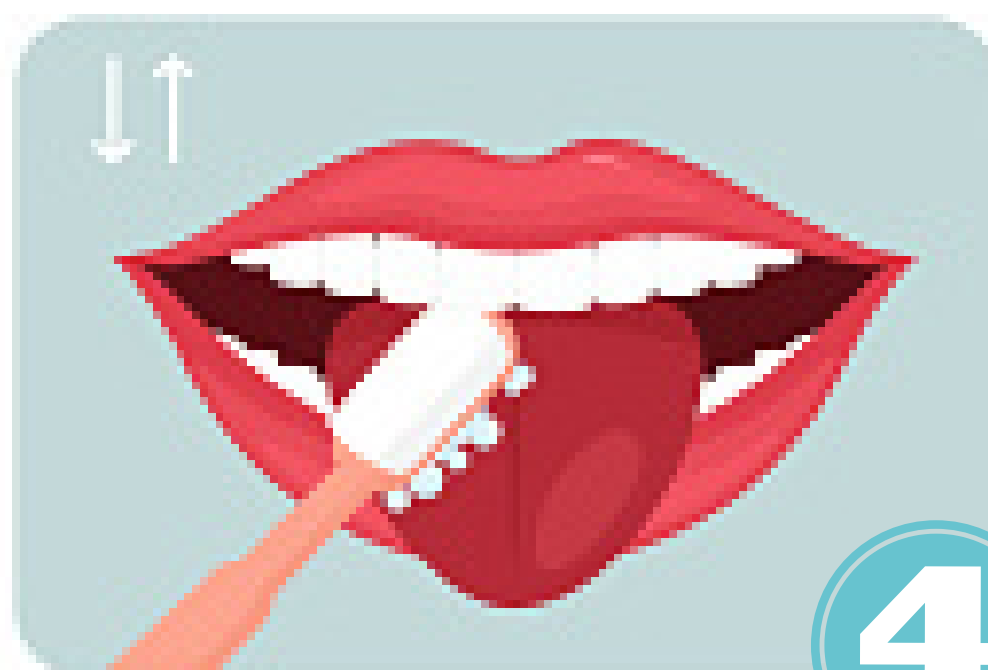
1



2



3



4

NOTE

- Brush for at least 2 minutes



- Time your brushing with a timer
- Check if all areas have been cleaned well

Which Brush To Use ?

You have to choose the brush according to the size of your child's mouth.

Any Brush which easily reaches the back teeth and doesn't hurt will be the right choice.

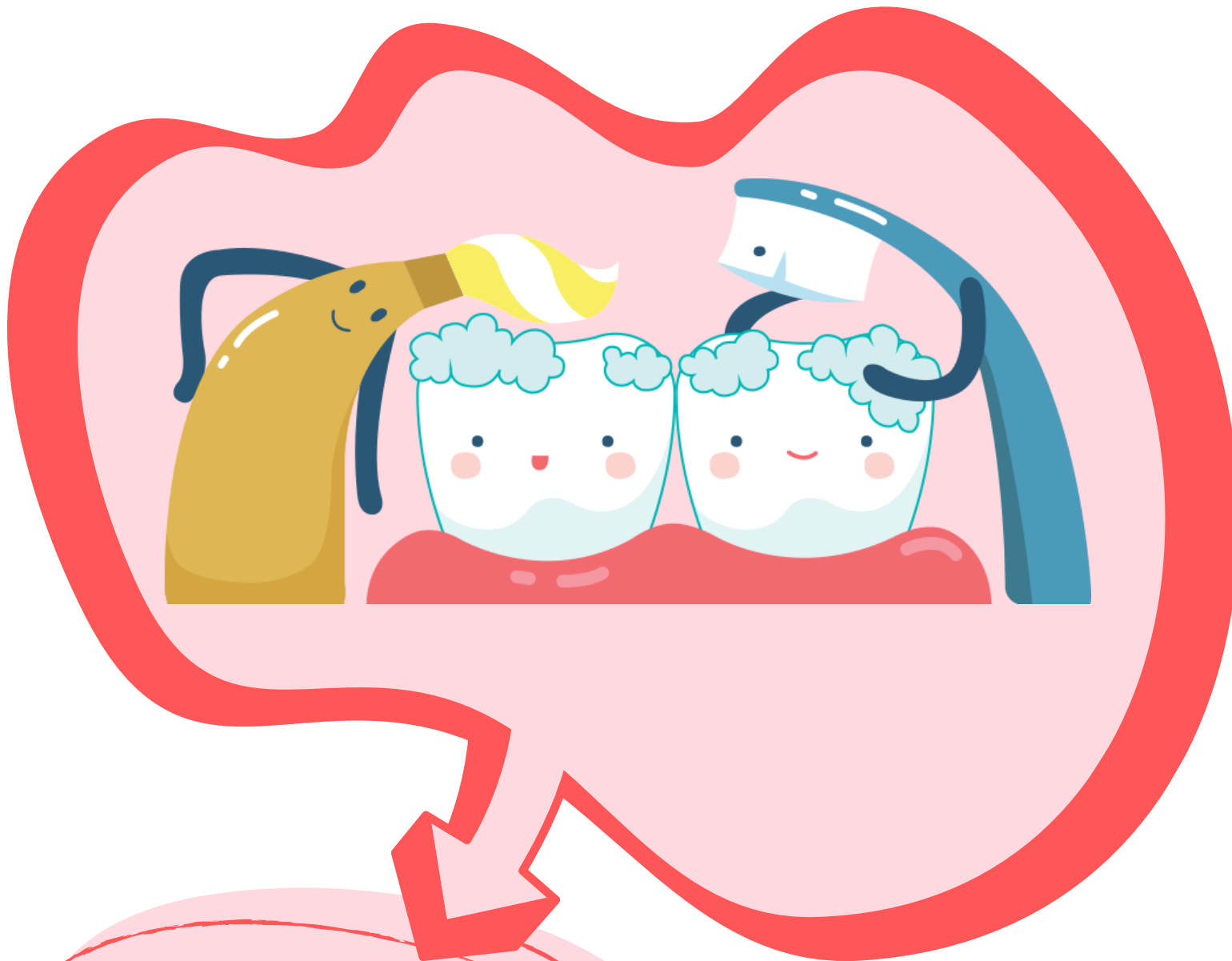
Change the brush every 3 months.



Show your **TEETH** some **LOVE**



Don't Skip
Brushing at Night !!



Don't Forget
Fluoride For Healthy
Teeth



We follow the guidelines given
by AAPD
American Academy of
Pediatric Dentistry

**VASUPUJYA
DENTAL**

Ahmedabad . Mumbai

Say Hello !!



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