

Pediatric Extraction Post Op Instruction

- Pressure using gauze piece should be placed on extraction site for at least 10 minutes.
- Effect of LA will last about 2-3 hours.
- After removal of pressure pack, cold and semisolid items like ice cream/thick shake/milkshake should be given.
- Pain Killer should be given within 25-30 minutes after procedure along with the ice cream/thick shake/milkshake.
- Avoid chewing anything for 2-3 hours (semi solids and liquids are allowed).
- No spitting is allowed for 12 hrs after the treatment. The patient has to gulp all the saliva in the mouth
- Do not use a straw to drink any beverage for 2-3 days.
- Avoid biting lip/cheek/tongue in particular area.
- Avoid scratching the cheek.
- Swelling in that region is normal until LA effect lasts.
- Secondary Bleeding is Normal for 24 hours.
- Avoid Hot/Spicy/Nutty Hard Things.
- Relatively soft diet like Khichdi, Dal and Rice, Upma, Sheera, or Cheese Sandwich/Pasta should be consumed for 4-5 days.
- Take Medication on time.