## Pulp Therapy Post Op Instruction

## **RCO BMP**

- Effect of LA will last about 2-3 hours.
- Avoid biting lip/cheek/tongue in particular area.
- Take the First Dose of the pain killer within 45 minutes.
- Avoid scratching the cheek.
- Swelling in that region is normal until LA effect lasts.
- Temporary Cement might get dislodged due to inappropriate chewing habit.
- Take relatively soft diet on that day.
- Take required medication (Antibiotic + Analgesic) on time.

## **Obturation POR**

- Avoid water and food for at least 20 minutes
- Prescribe Required Medication (Antiallergic)